

SUBSTANCE ABUSE COUNSELING MINOR

Program Description

The minor in substance abuse counseling focuses on developing the basic competencies associated with helping people recover from substance use disorders. Courses provide students with content knowledge of the bio-psychosocial factors relevant for providing counseling to alcohol and substance abuse clients. Theories regarding etiology and the treatment and relapse process, and development of skills needed to provide individual and group counseling for addicted populations are also included in the courses in this minor.

Requirements

Code	Title	Hours
SOWK 204	Fundamentals of Drug Abuse	3
SOWK 250	Social Work Practicum	3
SOWK 292	Substance Abuse Prev/Treatmnt	3
SOWK 341	Addiction	3
PSYC 201	Comm Skills in Counseling	3
PSYC 240	Behavior Management	3
PSYC 396	Tests and Measurements ¹	3
PSYC 291 or PSYC 391	Group Counseling Family Therapy	3
Select one of the following:		3
PSYC 259	Psychopathology ²	
SOCY 338	Deviance ²	
Total Hours		27

¹ Note: PSYC 396 Tests and Measurements has a prerequisite of one of these statistics courses: MATH 207 Prin of Statistical Methods, PSYC 210 Statistics or SOCY 302 Statistics for Social Science.

² May count toward SOCY/PSYC minor.