

# OUTDOOR LEADER MINOR

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## Program Description

The Outdoor Leader minor is designed to prepare students who are interesting in leading people in a variety of outdoor pursuits. These pursuits would range from basic water based recreation; canoeing/ kayaking to land based experiences such as back country hiking and backpacking. The student would also become involved in other more technical nature based outdoor recreation activities such as; x-country skiing, climbing and rappelling, and expedition planning and leading. The student will acquire basic skills relative to navigation (GPS, map and compass), they will complete the Wilderness First Responder course (WFR), they will complete 4 of 5 activity courses specific to basic outdoor pursuits, and they will assist in the management/administration/ leadership of two of these courses.

## Requirements

Code	Title	Hours
RECS 101	Int Recreation/Leisure Service	3
RECS 262	Outdoor Recreation	3
RECS 360	Facilitation & Interpretation	3
RECS 365	Expedition Management	3
RECS 390	Rec Leader Apprenticeship	1
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EMED 188	Wilderness First Responder	2
EVRN 131	Introduction to GIS and GPS	3
Select four of the following:		4
RECA 106	Backpacking	
RECA 107	Paddling Sports	
RECA 109	Rock Climbing and Rappelling	
RECA 119	Cross Country Ski/Snowshoeing	
RECA 120	Downhill Skiing, Snowboarding	
<b>Total Hours</b>		<b>23</b>