

HUMAN NUTRITION MINOR

Program Description

The Human Nutrition Minor provides students with a well-rounded and enhanced nutrition education. Students will study and apply nutrition trends and dietary approaches using a multidisciplinary model, which enables the examination of the relation between nutrition and many important factors including chronic and unique health conditions, age and lifespan, human performance, human behavior, wellness and culture.

Requirements

Code	Title	Hours
BIOL 122	Human Anatomy & Physiology II	4
CHEM 110	Applied Organic & Biochemistry	4
HLTH 104	Nutrition for Early Childhood	3
HLTH 208	Principles of Human Nutrition	3
HLTH 330	Applied Nutrition	2
KINS 275	Nutrition Sprt Exer Performnce	3
HLTH 452	Contemporary Issues Nutrition	3
HLTH 490 or KINS 496	Independent Study in Health Selected Research Topics	2
Total Hours		24